

THE QUIZ

The 12 Easy Questions that Bypass the Mind so you can Always Know the Truth.

Take 15 minutes to write down the answer to these 12 questions. Write down your first answer or thought. Bring the completed form to Your Life's Purpose consultation or your Vision Quest.

1. If you were any creature, what would you be? Why and how does it make you feel? List at least 3 feelings.

• If I was a creature, I would be _____ because

and it feels 1. _____ 2. _____ 3. _____

2. What was your greatest childhood fear? In other words, what would keep you awake at night? Why? How did it specifically make you feel? For a list of feelings go to <http://www.cnvc.org/feelings.htm> or if you have the book, *Nonviolent Communication* by Marshall B. Rosenberg see page 44.

• My greatest childhood fear was _____

because _____

it/I felt _____

3. What is the biggest misconception—people who don't know you well—make about you? In other words, how are people mistaken about you when they first meet you?

• I think people's initial misconception of me is _____

4. What's your favorite color? Why and how does it make you feel? List at least 3 feelings.

• My favorite color is _____ because

and it feels 1. _____ 2. _____ 3. _____

Continued...

5. What do other people identify as your Top 3 personality qualities?

• Other people, identify my Top 3 qualities as:

• _____ • _____ • _____

6. What Top 3 qualities do you admire in others—that you do not think you possess personally or as much?

• I admire these qualities in others:

• _____ • _____ • _____

7a. What are your Top 3 qualities that get you in trouble? This is the way you most often get yourself into disputes or difficulties with loved ones, coworkers, authority figures, or friends.

• These qualities get me in trouble:

• _____ • _____ • _____

• 7b. Write the opposites for each quality listed in 7a.

• _____ • _____ • _____

8. Think of someone that you've actually met or observed personally in real life (versus on TV, movies, internet, or radio) that you can't stand. Now, what were the Top 3 qualities about this person that upset you or set you off?

• I can't stand these specific qualities:

• _____ • _____ • _____

9. You are in a room filled with brilliant white light with no exits, door, or windows. There is no way out. How do you feel? What do you do?

• I feel _____

• I _____

Continued...

10. Pick a body of water (e.g. lake, ocean, puddle, stream, waterfall, etc.) Why and how does it make you feel? List at least 3 feelings.

- My favorite body of water is _____ because

and it feels 1. _____ 2. _____ 3. _____

11. Imagine it's far in the future, and it's towards the end of your time here on Earth... you've led a perfect life... you're at a Life Celebration party in your honor with your friends and family. What positive qualities about you is everyone talking about and toasting? List 10 positive and specific qualities.

- At my Life Celebration, these qualities are honored about me:

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

Now number your Top 3 qualities.

12. If you had all the money in the world (Bill Gates money... that cannot be spent no matter what you do, it just replenishes)... you've been everywhere... traveled... vacationed... bought everything... every house... every car... given every gift... satisfied everyone's needs and wants... and then did it all again so that everyone you care about is taken care of... everyone is set for life—including you... for ever... what do you do then? After all the traveling and gift giving is done, after you get bored... what do you do for a champion, and how do you spend your day?

- If I had infinite amounts of money, I would _____

Continued...

• Why? What does this provide? _____

• My day _____

Congratulations for completing these questions!

To find out what this means and to discover the next steps, bring this to Your Life's Purpose consultation or your Vision Quest. If having a video conference, fax it to 1-866-824-2517 or 1-310-402-5963.